



Children's Teething Granules

The Teething Process

Teething usually begins between the ages of four and nine months and most babies will cut their first tooth by one year. Teething can bring on flushed cheeks, dribbling, irritability and crying. You may also notice that your child is more inclined to chew – on anything from fingers and toys to food – a natural reaction to the changes going on within the gum.

If you are unsure whether teething is the cause of your child's discomfort, run a clean finger over the gum. You can sometimes feel the tooth or you may even be able to see it.

Hints and Tips

If your child is teething here are some handy hints:

- Give them something to chew on – a clean teething ring or a toy that has been sterilized and chilled in the fridge can be soothing.
- If they are over 6 months you could try a carrot or a hard, unsweetened rusk.
- If the constant dribbling is causing sore skin, redness or a rash, try to keep the area dry and apply a barrier cream to protect and soothe the skin.

Soothing the Pain

As the teething process can go on for up to 18 months you probably want to find a natural remedy that will work in tune with your baby's body and one that is safe enough to be used every day.

Nelsons Teetha is a firm favourite among parents for generations. The natural, sugar-free granules work with the whole body to soothe and calm your baby, and relieve the pain and discomfort of teething.

The pleasant tasting powders are ready dosed so they can be taken anytime, anywhere. Just tip into your baby's mouth or spoon-feed.

EXCLUSIVE OFFER

Nelsons Teetha normally retails at £4.20 for 24 powders but we are offering **OK!** readers a discounted price of just £2.99 – that's a saving of £1.21. Always read the label.

TERMS & CONDITIONS: This coupon entitles you to buy your next packet of Nelsons Teetha for the special purchase price of £2.99. Simply take to Boots, Superdrug, Holland & Barrett, Sainsbury's or any good pharmacy or healthfood shop nationwide. This coupon can not be used in conjunction with any other Teetha offer. Coupon only redeemable in the UK. To the retailer: Nelsonbach will redeem this coupon at its face value provided that it has been taken in part payment for a pack of Nelsons Teetha. Nelsonbach reserve the right to refuse payment against mis-redeemed coupons. Please submit at least 10 coupons at any one time to Nelsonbach, NCH, Corby, Northants NN17 1NN. NCH Code:- 1133 00340



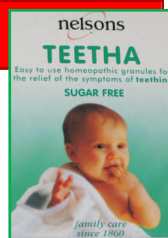
“once they've tried it, moms and babies love it!”

TEETHA **OK!** COMPETITION

Send **OK!**/Teetha a photo of your beautiful baby for your chance to win a relaxing spa trip and see your child in issue 447 of **OK!**

HOW TO ENTER Simply cut out the coupon below and send with a photo of your baby to the address below. Unfortunately photographs can not be returned.

SEND ALL ENTRIES TO OK! Magazine, Teetha Competition, 10 Lower Thames St, London EC3R 6HB Closing date for receipt of entries is 14th November 2004. Normal Northern & Shell terms & conditions apply.



_____ being the parent/guardian agree to the enclosed photograph being entered into the Teetha competition and possible publication in **OK!** magazine. Signed _____

Address _____

Postcode _____

Telephone _____

www.teetha.com